

Ansus Consulting's

One Day Academy

Effective communication

Being understood the way you intended

What is effective communication?

Communication is said "effective" when your message is received and understood the way you intend. Often a hard task to do! As simple as communication seems, much of what we try to communicate – and what others try to communicate to us – gets misunderstood. This can cause conflicts and frustration in personal as well as in professional relationships.

Course objectives:

Effective communication is one of the key skills to overcome conflicts and frustration caused by misunderstanding. Effective communication helps us better understand a person or situation and enables us to resolve differences, build trust and respect, and create productive environments where creativity, problem solving, and caring can flourish: thus, ideal conditions to foster professional and personal growth.



Course contents:

In this compact course we will face how

- Adopting a simple, concise, and direct language
- Identifying basic communication principles
- Applying communication process models
- Figuring out what to say and the best way to say it
- Paying attention to verbal and nonverbal cues
- Creating a strong connection when face-to-face communication is missing

Think well, act well, feel well, be well!

